

Tournament Rules & Format

1. **Flags:** Shruumz or Sonic Booms, no velcro
2. **Coin flip** determines possession – take or defer.
3. **40-yard field.** Ball starts at the 40-yard line after score or turnover.
4. **Players are downed** when flag is pulled completely from belt.
5. **First down at 20-yard line.** Four downs to get there.
6. **No blocking.** Play is blown dead at the spot.
7. **Fumbles** are dead where they drop.
8. **4-second pass clock.** Miss it = loss of down.
9. **30 seconds** to snap the ball — enforced strictly. Delay = loss of down.
10. **Each team must center the ball.** Center is ineligible.
11. **One timeout per team.**
12. **Pass Interference = spot foul + automatic first down.**
 - If in end zone, ball is placed at the 1-yard line.

13. Scoring:

- 6 pts – Touchdown, 3 pts – Interception
- Extra Point (Pass Only): 1 pt (from 5-yard line) or 2 pts (from 10-yard line)

14. Coaching Zones:

- 2 offensive coaches behind the field
- 2 defensive coaches in the end zone or out of play

15. Overtime (Tournament Play Only):

- Coin toss → one play from 15-yard line
- Score = win / Stop = win

16. Anti-Bullying & Sportsmanship Clause:

- 30-second huddle limit enforced
- Defenses must rotate coverages in good faith
- Disrespectful behavior = disqualification

Pool Play Format

- Three pools total:
 - **Two pools of 4 teams**
 - **One pool of 5 teams**
- Each team will play **30-minute pool play games**
 - Includes a 2-minute warning
 - One timeout per team

Pool Play Game Times:

9:00 AM, 9:30 AM, 9:45 AM, 10:15 AM, 11:00 AM, 11:45 AM

Tournament Format & Playoff Bracket

- **Single-Elimination Tournament** following pool play
- **Games are 30 minutes** with one timeout per team

Elimination Game Times:

1:00 PM, 1:45 PM, 2:30 PM, 3:15 PM (*Teams may leave after they are eliminated.*)

Quarterfinals:

- **Game 1:** Pool A #1 vs. Pool B #2
- **Game 2:** Pool B #1 vs. Pool C #2
- **Game 3:** Pool C #1 vs. Pool A #2

Semifinals:

- **Game 4:** Winner of Game 1 vs. Winner of Game 2
- **Game 5:** Winner of Game 3 vs. Bye (if applicable)

Championship:

- **Game 6:** Winner of Game 4 vs. Winner of Game 5